



LARC Annual Dinner 2010



Our annual dinner was held on April 23rd, at the Slovak Legion sunroom. It was a lovely evening and the food was great. At first it appeared that our guest speaker was a no-show due to a family medical emergency, but, luck and an understanding spouse prevailed and Chris Watkins was able to regale us with the story of his, and Dave Shannon's, trip to the north pole. He has promised to return with Dave to a meeting to do a proper presentation. We found their story of triumph over adversity very inspiring.

Clockwise from the top left- Judy VE3EAP, Andy Malcolm VE3INI, Bob Hanson VE3RVA thanking our guest Chris Watkins, Marion VE3MJN and Pat VA3PP, Randy VA3OJ, Ken Rusnak VE3EFZ, Jerry VE3BRN and friend, Bill VE3XT and Rita. Centre photo is the team patch for the expedition.

LARC SENATE

Keith Fiske VE3JQ
 Pat Doherty VE3PD
 Dave Kimpton VE3AVS
 Laurie Bridgett VE3BCD
 Terry Stewardson VA3LU
 Ed Baumann VE3SNW

ABOUT US

The Lakehead Amateur Radio Club (LARC) is an incorporated not for profit group of amateur radio operators in the Thunder Bay area that meet for self education, community service and fellowship. Our meetings are the second Thursday of the month at room 191 McIntyre Building, Confederation College, 7:30 PM. Our postal address is 1100C Memorial Ave. Suite 184, Thunder Bay, Ontario P7B 4A3. This newsletter is published monthly except for July and August by Ed Baumann VE3SNW and questions and submissions may be emailed to ve3snw@shaw.ca

LARC EXECUTIVE**President**

Randy Gottfred VA3OJ

Vice-President

Bob Hansen VE3RVA 767-6924

Secretary

Karl Hamilton VE3RRP

Treasurer

Joe Coghlan VE3TBX 344-6566

Directors

Brad Harris VE3MXJ 767-0628

Doug McCormack VE3EFC

Cliff Pratt VA3CLF

Robert Mazur VA3ROM

LARC Emergency Coordinator

Brad Harris VE3MXJ

ARES District Emergency Coordinator

VE3FAL Fred Lesnick 577-0789

CANWARN

VA3JMS John 767-3631

VE3MXJ Brad 767-0628

Public Service Events

VA3JMS John 767-3631

Accredited Examiner

VE3FAL Fred Lesnick 577-0789

flesnick@tbaytel.net

Lakehead Amateur Radio Club Treasurer's Report

Balance on Hand - April 4th, 2010 \$5,436.82

Income

Annual Dinner Tickets \$650.00

50/50 Draw \$18.00

Interest \$0.37

Total Income \$668.37

Expenses

Thunder Bay Telephone \$47.83

Hymers Fair \$80.00

Annual Dinner \$1,113.59

Total Expenses \$1,241.42

*Term Account (For Higher Interest) \$3,000.00

Balance on Hand - May 5, 2010 \$4,863.77

Trailer Account

April 5/10 Balance 856.32

Income

Interest \$0.07

Expenses \$0.00

Balance in Trailer Account \$856.39

Joe "clarifying" Coghlan - VE3TBX
 Treasurer

LARC OPEN ACCESS REPEATERS

VE3YQT(Mount Baldy)147.060 (-600) Phone Patch

VE3TBR (St. Joseph's) 146.820 pl 107.2

442.075 (+5 MHz) **pl 100**

144.390 APRS

VE3UPP Upsala 145.470 (-600)

Minutes for the**Lakehead Amateur Radio Club*****Date: April 23, 2010*****President, Randy Gottfred VA3OJ Presiding.****Guest Speakers:**

Chris Watkins and Dave Shannon, adventurers who went to the North Pole.

Treasurer's Report: Joe Coghlan VE3TBX

Joe Coghlan VE3TBX moved to accept the report as printed in the April Hi-Q. Seconded by Terry Stewardson VA3LU. Passed Unanimously.

Minutes of Previous Meeting:

Karl Hamilton VE3RRP moved to accept the March's meeting's minutes as printed in the April Hi-Q with the Treasurer's Report amended to read "Joe Coghlan VE3TBX moved to accept the report as printed in the March Hi-Q as amended to show the trailer account balance as being \$856.32.". Seconded by Glen Wallace, VE3ICY. Passed Unanimously.

Old Business:

Public Service (John Sacek VA3JMS public events coordinator)

Next event 10 Mile Road Race, May long weekend.

Norm Bell VE3XRC coordinator

CANWARN John Sacek VA3JMS

This year's training will be Thursday June 10, exact venue TBA

ARES Brad Harris VE3MXJ Thunder Bay EC

Tuesday night VHF Net on VE3YQT at 7pm. Radio procedures.

SATERN Training:

-Introduction to Emergency Disaster Service was held on March 22nd in the Community Church, Salvation Army, 2621 Victoria Ave E,

-Disaster Food Service was held on March 27th Location in the Community Church, Salvation Army, 2621 Victoria Ave E,

-Critical Incident Stress Management was held on April 17th, 18th with a final class on 24th

Repeater News

Randy Gottfred VA3OJ,

UHF linking radio sought for the 10 Meter repeater.

The Upsala repeater is being overhauled and be linked with the rest of the NW ON network.

Club Trailer:

Bob Hansen VE3RVA

The next trailer committee meeting late April or early May after which Bob will give a report.

Field Day Venue

The decision will be made in the next few meetings.

New Business

Amateur of the Year: Karl Hamilton VE3RRP

50/50 Draw: Gerry Burney VA3BRN

Adjournment moved by: Norm Bell VE3XRC

Next Executive Meeting: May 6, 2010

Next LARC Meeting: May 13, 2010

A Note from Fred VE3FAL

I will be helping out and setting up an IRLP station for the Girl Guides 100th anniversary on May 15th.

I would like to know if we have any pamphlets with information about the LARC I can hand out, I will also be handing out ARES information as well.

I could use a morse code oscillator if anyone has one as I would like to set up a morse station for the girls to send their names from to play.

Looks like Toronto, Sudbury and us will be online for sure.

When I know the venue I will put out in an email , I could use one or two bodies that day just for breaks.

More info:

I will be setting up at the KOA campground on the saturday morning for the day.

We will be using the IRLP however I will bring HF and possibly my laptop as well an oscillator for the kids to send their name.

They will also learn the phonetic alphabet.

And from Jan:

On May 15th Guides Canada will celebrate their 100th Anniversary conducting Rallies across Canada, many of the venues will be operating GOTA (Guides on the Air) stations, in Toronto over 6000 guides and leaders will meet at Ontario Place. In cooperation with Guides Canada and Emergency Management Ontario the Toronto EmComm Group will be establishing an Amateur Radio Station at Ontario Place so Guides can talk to Guides at other venues across Canada, venues in Ontario include; Toronto, Thunder Bay, Sudbury and Ottawa. The Ontario Place station will be operational on 20 meters (14.140 -/+) and on the Ontario Public Service Reflector (IRLP) Channel 9035 from 13:00 to 20:00 UTC. (9:00 am to 4 pm ET). We would like to connect with other venues across Canada on this special day for Guiding and would like to here from other groups running GOTA stations.

https://2010.girlguides.ca/national_rally_day

Atikokan can now boast 10 active amateur radio operators, up from two not that long ago.

Active members licensed last Spring are:

Jason, VE3PEJ

Paul, VA3JSV

Jeff, VE3JTD (Ottawa)

Newly minted hams (all with Basic+) are:

Andrew, VA3XRL

Margaret, VE3OWL

Lucas, VE3LKP (pending IC approval)

Eric, VE3ENL

Calvin, VA3CDH

Listen for them on the bands, and please make them feel welcome.

Warren, VE3FYN

President, Atikokan Amateur Radio Club

CISM Course

I took the 3 day CISM course in April. CISM is an acronym for Critical Incident Stress Management. It is a field of study that is about 20 years old, so it is still in it's early years of development. Basically, just as First Aid is valuable in helping with stabilizing physical health after a period of physical trauma, so is CISM a kind of psychological first aid that is applied after a period of mental/emotional trauma.

CISM is successfully used with first responders, police, army, volunteers, or anyone subjected to traumatic experiences. Different skills and scenarios were discussed and practiced during the course. CISM can be used with the community, with a large group, a small group (under 20), or with just one or two people.

Thank you to Mervyn Halvorsen VA3TSA and the Salvation Army for hosting and sponsoring the course.

73,

Karl Hamilton VE3RRP

North East Regional Directors Report May 2010

The annual Board of Directors meeting was held in Ottawa from April 30th to May 1st. This year as a cost cutting measure we had the entire meeting at an Ottawa hotel.

When we came away from the meetings we have decided to focus on two areas. The first is to increase the number of RAC members, and this is probably not a new idea. The difference this time is to actually do it? Over the last few months I have highlighted reasons to renew or become a RAC member. Do you know an Amateur who “has everything”, consider a subscription to TCA. You will see more about this in upcoming TCA’s.

As a follow up to the above, there are many folks who are saying Amateur Radio is dying. Well now we have proof to say that is nonsense! Statistics from Industry Canada for the last three years show a growth in the number of licensed Amateurs. ***Remember these numbers are from Industry Canada.***

	2007/2008	2008/2009	2009/2010
Active Amateurs in Canada	56764	58439	59745
New Amateurs (Basic w/honours)	1172	1561	1583
New Amateurs (Morse 5 WPM)	34	23	31
New Amateurs (Morse 12 WPM)	3	6	7

It seems even CW is holding its own.

The second major effort we hope to work on is improvements to your magazine, TCA. This is already a magazine that “punches above its weight” and you can expect to see more improvements. Stay tuned.

Finally it’s not too early to start thinking about the RAC Canada Day Contest. Full details and rules are in the May/June TCA.

If you have any questions or concerns please email me at ve3xt@rac.ca.

73

Bill VE3XT
North East Ontario
Regional Director

The venue for the LARC meeting has changed to the Shuniah building, Room C242, Thursday May 13th at 7:30 PM.

Richard Boone from the Lakehead Region Conservation Authority will be the guest speaker. He will talk about the Authority's efforts and responsibilities regarding flood control and reporting. He will also talk about how amateur radio operators may help in times of flooding.

Karl Hamilton VE3RRP

Incident Command System Training

There will be a training day about ICS on June 12, 2010. ICS (Incident Command System) training is now required by emergency organizations to be taken by all volunteer and professional workers during a disaster or emergency response. Of course, all ARES volunteers are requested to take this course.

Attached (attached to email with HI-Q) is a registration form and a poster outlining the course details.

73,

Karl Hamilton VE3RRP



We would like to thank our sponsors of the Annual Dinner and are grateful for the donations of gifts and door prizes, especially



May 2010

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	ARES 2 meter net		Coffee at Boston on Arthur at 2100 hours		1	2
3	4	5	6	7	8	9
10	11	12	13 LARC Meeting New venue!	14	15	16
17	18	19	20	21	22	23
24 Victoria Day	25	26	27	28	29	30
31						Fathers Day is June 20